

Preparation for In-Patient Surgery – NuLyteLy

Prepared for: _____

Date: _____

You are scheduled for in-patient surgery. Before this procedure is done, your intestinal tract must be completely cleaned using the following procedures. Please follow these instructions carefully to ensure that you have an effective preparation for your surgical procedure.

THINGS TO PURCHASE

Buy the following at any pharmacy

- NuLyteLy – prescription attached

ONE DAY BEFORE SURGERY (*bowel preparation*)

- **Morning:** Have a good breakfast.
- **Afternoon:** Starting at noon, clear liquids **ONLY**. You can have as much as you would like. Clear liquids include: water, fruit juices (without the pulp), apple, white grape, clear broth or bouillon, coffee or tea (without milk, cream or non-dairy creamers) Gatorade, carbonated or non-carbonated soft drinks/sodas, plain Jello (**NOT RED and without added fruits or toppings**).
- **Afternoon – Bowel Preparation:**
 - 3:00 p.m.** Drink 8 ounces of NuLyteLy every 10 to 20 minutes, drinking water between each dose. Once you have finished all of the NuLyteLy, drink plenty of water. This will insure a good bowel prep.
- **Evening:** You may have clear liquids **until MIDNIGHT**.
- **Nothing by mouth after MIDNIGHT.**

If you have any questions, please call 323-865-3690.

Prep for in-patient surgery (NuLyteLy) 3-2-10